

Lafayette County Cancer Coalition
5K Run/Walk

Lafayette County Cancer Coalition is pleased to host the Lafayette County Cancer Coalition 5K Run/Walk. This unique running and walking event is staged thru the beautiful landscape of Lafayette County's Confederate Park and will take place Saturday, October 7th. The run/walk event is on paved roads with drink stations placed on the route. The race starts and stops near the Confederate Chapel. All proceeds will benefit the Lafayette County Cancer Coalition.

This year:

- Prizes to top 3 runners in Male and Female categories
- Prizes to top 3 walkers (Must walk the whole course)
- Prizes for youngest and oldest runner/walker
- Individual participants is \$20 per person.
- **Group/Family registration:** Group/Family registration is \$15.00 per person. A group must contain a minimum of 8 people. The group's registration must include a separate registration form for each participant and be mailed together.

Schedule of Events:

7:30-8:00 a.m. Pre-registration near Confederate Chapel @ Confederate Park
8:00 a.m. 5K Run/Walk Starts

Pre-Registration must be returned by September 23, 2023
Rain-out date will be Sunday, October 8th at 1:00 p.m.

Lafayette County Cancer Coalition 5K Run/Walk Registration Form

Last Name _____ First Name _____ M ___ F ___

Address _____ City _____ State _____

Email address _____ Phone # _____

Age: _____ T-Shirt Size S M L XL XXL Child Size _____

_____ I don't need a T-shirt, please use the money saved for your cause

_____ Group/Family \$15 X _____ Group/Family Name _____ *Min. of 8 per group

Running _____ Walking _____ Are you a cancer survivor? YES NO

Makes checks payable to:

Lafayette County Cancer Coalition

Mail to: Lafayette County Cancer Coalition

c/o Denise Kirchhoff

PO Box 132

Higginsville, MO 64037

lafcocancer@gmail.com

FOR MORE INFORMATION GO TO <http://lafcocancer.org/> or look us up on Facebook at Lafayette County Cancer Coalition.

The Lafayette County Cancer Coalition or any of the members are not responsible for accidents, illness or injuries incurred at the Walk/Run. I understand that participating in a Walk/Run is a potentially hazardous activity and I should not enter and participate unless I am medically able and properly trained. I hereby, for myself, my heirs, executors, administrators or anyone who may claim on my behalf, covenant not to sue, and waive, release and discharge any and all sponsors and Lafayette County Cancer Coalition or its members. This release and waiver extends to use of any photographs or videos of this event for promotional purposes.

Signature: _____

Date: _____